We're excited to share news with you about our 10 year celebration. Climb **any Mountain challenge!** We are encouraging as many people as possible to take part.

Sam explains all on the promotional video which you can watch here: https://youtu.be/SgqK9C5LVMw

However, in summary

There are 3 strands that we are looking at. And their purpose is to **raise the profile** of CAP and to **raise money** to support the centre.

Get Physical - this could be a Captain Tom style running/walking/climbing the stairs challenge (perhaps the equivalent height of a specific mountain)... or wait til Spring and go for a big outdoor challenge (triathlon, 3 Peaks, 5/10 K/half-marathon runs etc).
Get Creative - Families might wish to see who can build the highest mountain, or the biggest tower and post photos on social media to raise the profile of CAP.
Get Thinking - Maybe you might consider giving what you would usually spend on other hobbies/treats such as takeaways.

Our hope is that as these activities are shared through church and on social media, word spreads about the debt centre and more people who are struggling contact CAP as a result.

We are also hoping that you might consider sponsorship or giving financially to stand alongside us in this season, where demand is increasing and we need to futureproof our funding! You can set up your own 'Just giving' type page so you can see how much you raise, or you can send friends & family this link on our website: http://www.stpetersparish.info/climb

We look forward to hearing your ideas of how you can be creatively involved! Do document your challenges with photos and videos so we can share them all together. Send to samwolstencroft@capuk.org. Many thanks!