



We wanted to provide some prayer ideas and resources that families could try at home - below please find some suggestions which would probably be best for pre-school and primary-aged children. Most of them work with what you already have at home, and at the end there are a couple of resources that are available to buy. Please let us know if you do try any of these and how they work for your family!

For younger children, you could raid your craft materials for prayers that use [playdough](#), [tin foil](#) or [pipecleaners](#). You could use some games which focus on very simple 'please, sorry, thank you' prayers - there are options for [prayer dominoes](#), [3-in-a-row](#) or [prayer dice](#). If you'd rather get out and about there is a nice idea here for a [scavenger hunt prayer walk](#). There's also an idea for a [mealtime placemat](#) for pre-schoolers that you can print and laminate, with prompts to help children pray before meals.

We have previously used '[finger prayers](#)' for our intercessions in church - attached is a bookmark which reminds you which finger is which, which you could use at home. You might also want to create a family '[blessings jar](#)' - this would work with all ages!

You might want to explore a list of [interactive prayer ideas](#) from the Diocese of Bath and Wells, for children of all ages; and some creative ideas for [daily prayer and worship](#) from Engage Worship which they developed during lockdown last year. There's a different suggestion for each day but you could just pick what would work for you.

The annual national 'Thy Kingdom Come' prayer initiative has some great resources for children and families from previous years. This includes a '[prayer adventure map](#)' with a short activity each day, which you can get [digitally](#) or in [hard copy](#) (free, just pay P&P). There's also a matching [family prayer adventure journal](#) which you fill in together (order [here](#), £5 plus P&P). Both of these go alongside a short daily family prayer [podcast](#). There's also the equivalent [creative prayer journal](#) from a previous year, if the first one goes well!

We hope that some of these can be a blessing for your family - please let us know how you get on!